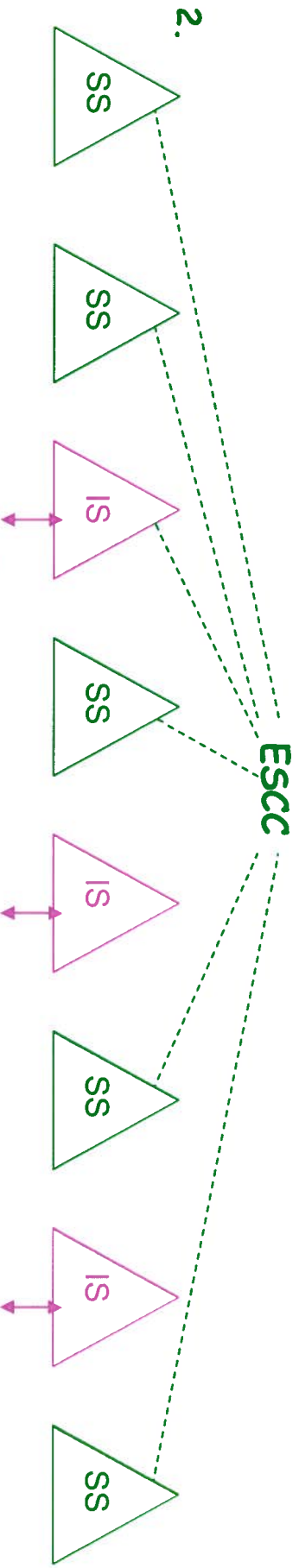
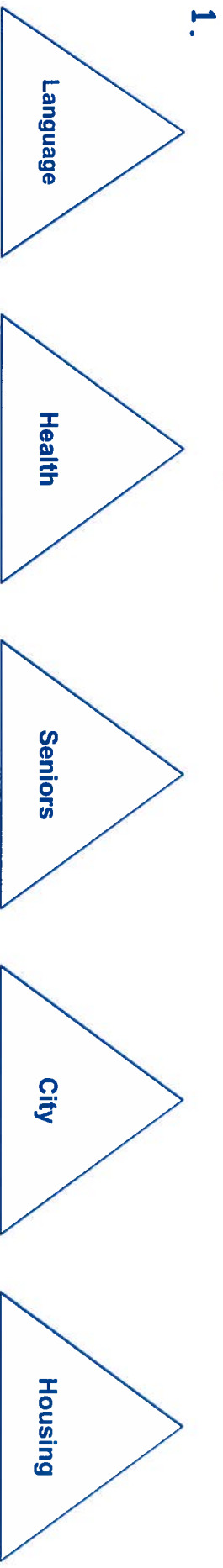


Seniors Cultural Tapestry: Areas for Change

The diagram attempts to map out the organizations, public institutions and government which have a shared mandate to improve on marginalized immigrant and refugee seniors' health, social/ economic well-being and their quality of life in Canada. It suggests a collaborative relationship "structure" that would lead to sustainable changes in practice, program and policy development as well as community capacity development.

- **Culturally Competent Practice**
- **Collaborative Care**
- **Immigrant Seniors / Community Capacity Building**
- **Culturally Competent Organizations / Institutions / Systems**
- **Policy Actions - eg. Income Security, Funding**



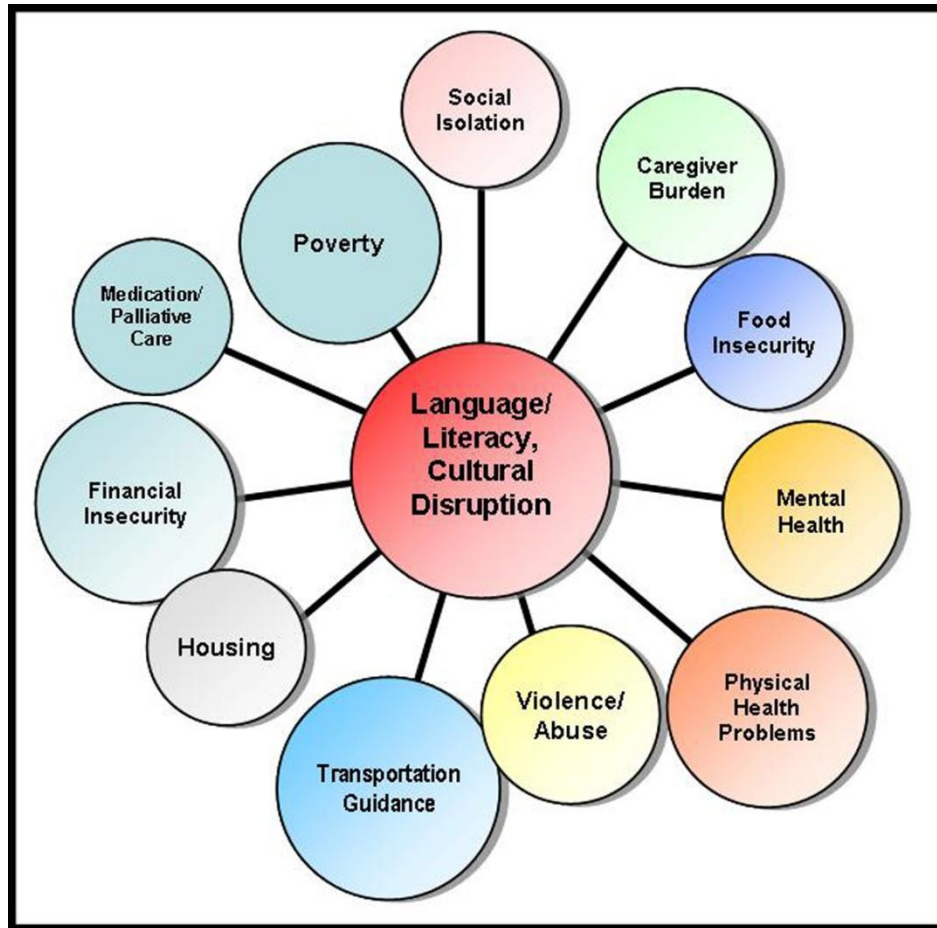
3. **Immigrant & Refugee Seniors**

4. **Formal and Informal Community Groups**

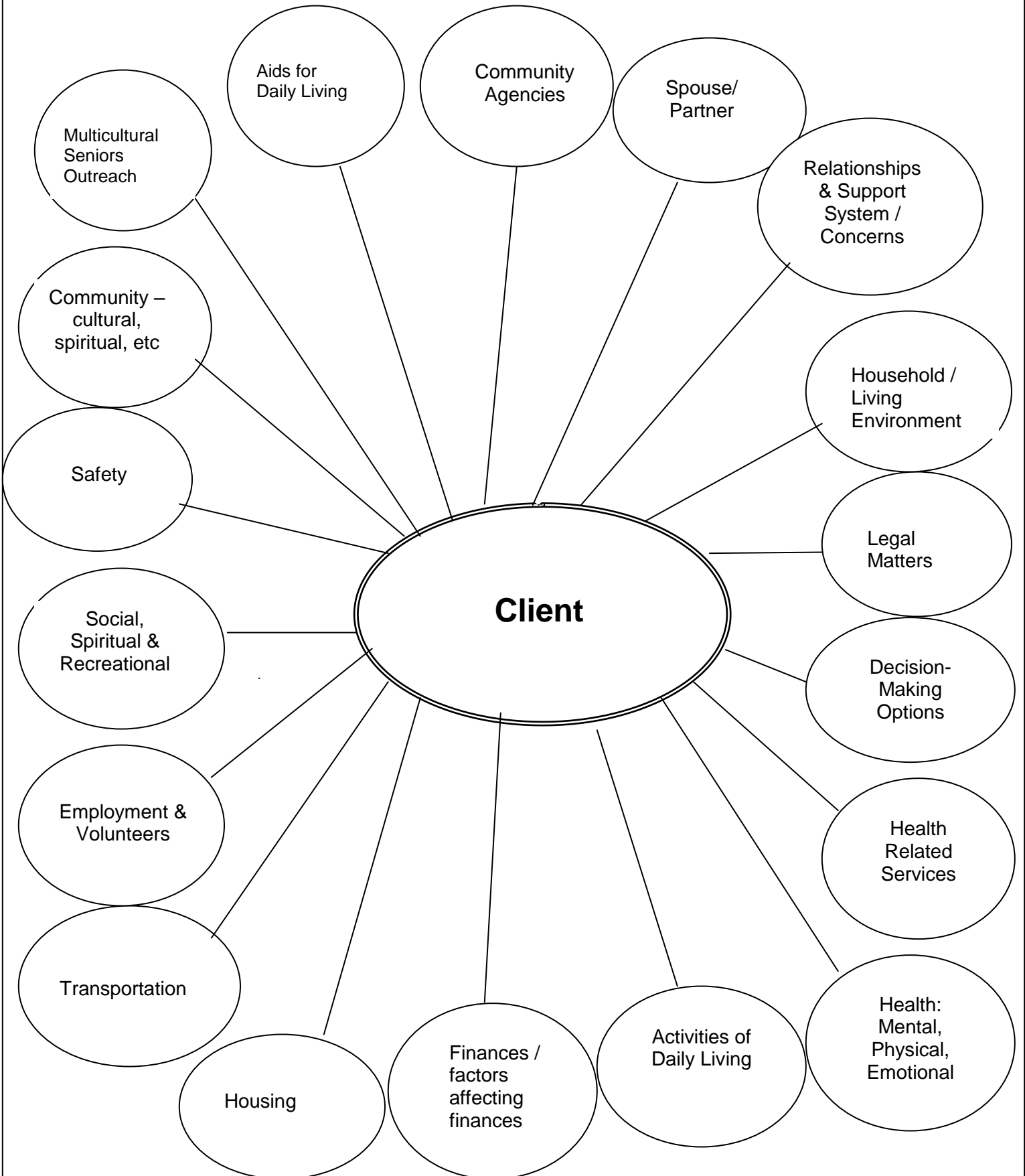
Note:

SS- Seniors serving organizations

IS - Immigrant serving organizations which often have on-going relationships with immigrant/ refugee seniors
Community Organizations -within immigrant and refugee communities, there are a variety of formal and informal groups who provide on-going support to their seniors. Such efforts are often not visible to the mainstream systems.



Eco-Map



Dimension of the Multicultural Health Brokering Practice

Connecting seniors & families with each other

- Seniors mutual support group
- "Senior-friendly" English learning classes
- Urban gardening program with SAGE
- family recreation groups
- micro-economic development projects

Community mobilization

- development & dissemination of salient information for seniors & families through ethnic media & other natural channels.
- community organizing to engage youth community & religious leaders to support seniors.

Community Organization

- "dynamic act of people being together"
- community is the centre of practice

Small Group Development

"creating connectedness to begin change"

Coalition building

"advocacy with" as supporting clients or groups in expressing their own voices

Advocacy at the Providers & Institutional level

- collaborative care with SAGE - mainstream service providers.
- Training in culturally competent care.
- Cross-sectoral alliances to address difficult social issues affecting seniors.

Listening & being attentive to the multiple factors affecting children & families.

- One-to-one holistic care (addressing health determinants).
- Family-oriented support
- Liaison & advocacy with mainstream services & resources
- System navigation.

Personal Care

- "offered in a supportive, non-controlling way"

Policy, Program & Practice Considerations

Advocacy at the systemic level

- Immigrant seniors' participating in City of Edmonton's "Blue Print" Initiative.
- 2009 & 2010 - "Democracy in Action" Multicultural Seniors' forum.

* Labonte, R *Issues in health Promotion series #3. Health promotion and empowerment: Practice frameworks.* Toronto: Centre for Health Promotion, University of Toronto & ParticipACTION, 1993.